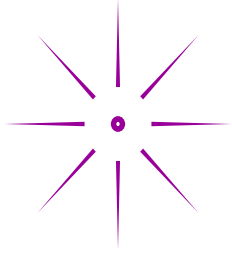




Pilates & Personal Training

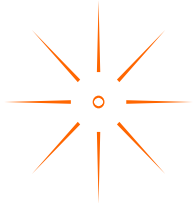


OPEN HOUSE
Date: Saturday Sept. 13
Time: 11 AM—1 PM
4507 Kelvin Dr.
(713) 533-1500



**Meet
trainers
&
instructors**

**Interactive
fitness
demonstrations**



**VibePlate
presentation**

**Healthy
snacks!**

Experience :

- * Pilates Reformer & chair
- * Booty Barre®
- * TRX suspension
- * VibePlate
- * Kettlebells, BOSU's, ViPR 's, & more!!

